

# ART AS ADVOCACY

by Pam van de Brug

**CAPS**  
independent  
advocacy



# GLOSSARY

- People with lived experience of mental health issues
- Exhibitors
- Independent Advocacy
- Collective Advocacy
- OOSOOM
- \* people's stories
- \* photos by Chris Scott 2018 & 2019

GALLERY TOUR...



**OUT OF SIGHT  
OUT OF MIND**

Art \* Film \* Painting \* Sculpture  
Installation \* Drawing \* Photography

An exhibition in relation to  
experiences of mental health issues

Summerhall, Edinburgh  
11 October - 3 November 2019  
Wednesday - Sunday, 11am - 6pm

[fb.me/ooosoomexhibition](https://fb.me/ooosoomexhibition)  
[www.mhfestival.com](http://www.mhfestival.com)  
#ooosoom2019

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CAPS NHS Edinburgh penumbra SUMMERHALL ROOTZUM CLINICAL TRIALS 2019 PARTIAL

**SUMMERHALL  
YOGA**

LEK...  
0845 84...



























## Moggy

I rescued Moggy last year, and he's had as little love in his life as I have. So we understand each other. We are zz top without the drummer!

*Mikael*













# VERY SHORT HISTORY OF OOSOOM

**SCOTTISH  
MENTAL HEALTH  
ARTS FESTIVAL**

**2013**

**Exhibitors: 20-30**

**Visitors: 600**

**2019**

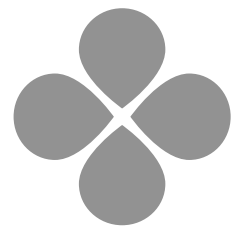
**Exhibitors: 176**

**Visitors: 1,588**

# A COLLABORATIVE PROJECT...



**Barony Contact Point**



Edinburgh & Lothians  
Health Foundation



**Participating Organisations**

**Volunteers**

**Exhibitors**



DIRECTED BY THE ...

# THE PLANNING GROUP

... THROUGHOUT THE YEAR

# EACH OCTOBER







MY PRACTICE



ARTS AS ADVOCACY



# 3. SIAA Principles of Independent Advocacy

Independent Advocacy

**Principles, Standards &  
Code of Best Practice**

2019







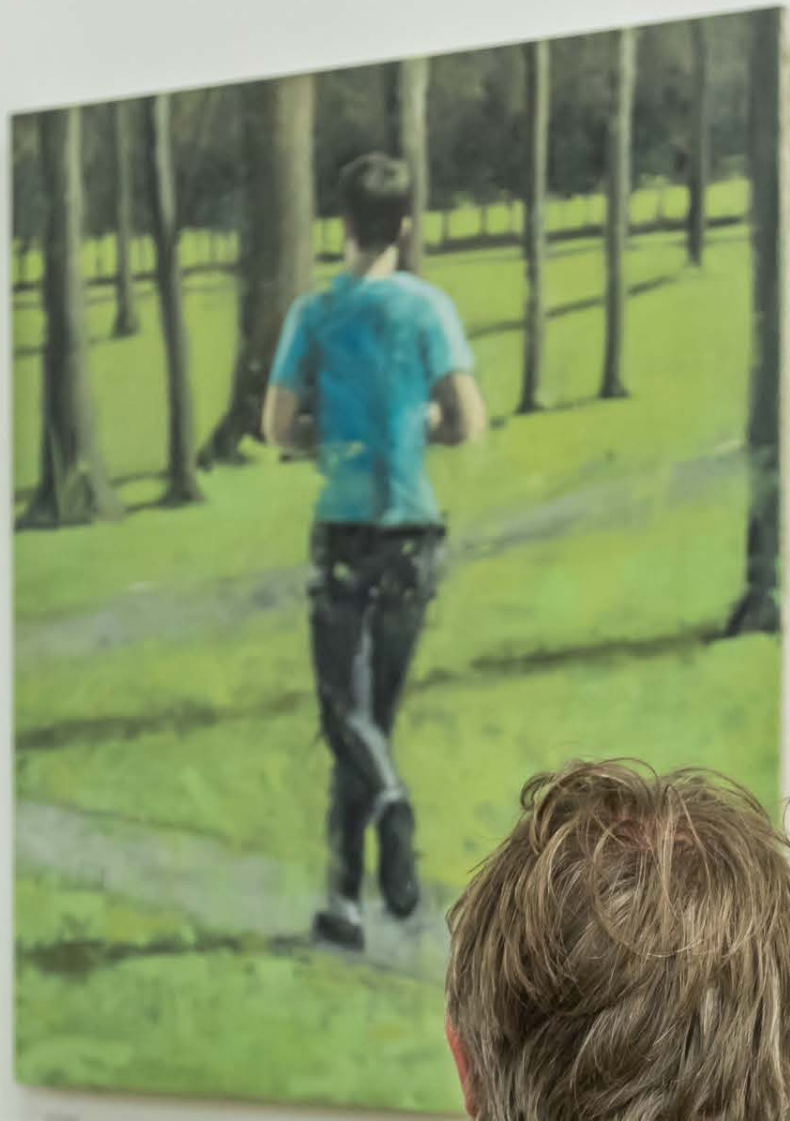
2. Instigated and directed by people we work with.



# 1. A platform for voice





























# CHALLENGES

**Getting bigger**

**Making decisions as a group**



# CHALLENGES

## **Getting bigger**

... systems, 'rules', intern

## **Making decisions as a group**

... decision making system, shared values



# SHARED PRINCIPLES/VALUES

- Artworks exhibited are made by people with lived experience of mental health issues
- Everyone's artwork is of equal value - we do not make judgements on quality, value or artistic merit
- The exhibition aims to be a fresh experience each year and so it exhibits only work previously not shown at OOSOOM
- Artworks do not have to be about the topic of mental health - OOSOOM is a platform for people's own voices using the arts
- Artworks submitted can be in any form or media
- An artwork may be refused on grounds such as - advocacy, legality, safety or another reason agreed by the people involved
- We aim to take in to account the wishes and needs of everyone involved wherever possible
- We will work within the 'Principles of Independent Advocacy', which govern CAPS Independent Advocacy



# QUESTIONS AND CHAT



GET IN TOUCH ...

[pam@capsadvocacy.org](mailto:pam@capsadvocacy.org)







ARTS AS ADVOCACY IN OTHER CONTEXTS?

DO YOU WANT TO TAKE PART? AS AN EXHIBITOR OR  
AN ORGANISATION?